<title>This is Title Sample</title>

<meta name="description" content="This is meta description Sample. We can add up to 158.">

<meta name=”robots” content=”noindex, nofollow”>

<link rel="canonical" href="http://example.com/" />

<meta property="og:type" content="article" />

<meta property="og:title" content="TITLE OF YOUR POST OR PAGE" />

<meta property="og:description" content="DESCRIPTION OF PAGE CONTENT" />

<meta property="og:image" content="LINK TO THE IMAGE FILE" />

<meta property="og:url" content="PERMALINK" />

<meta property="og:site\_name" content="SITE NAME" />

<meta name="twitter:title" content="TITLE OF POST OR PAGE">

<meta name="twitter:description" content="DESCRIPTION OF PAGE CONTENT">

<meta name="twitter:image" content="LINK TO IMAGE">

<meta name="twitter:site" content="@USERNAME">

<meta name="twitter:creator" content="@USERNAME">